# PLANNING A GOOD LIFE



## **AGENDA**

- **Introductions**
- A Good Life
- Person-Centered Planning
- What To Consider
- **Wrap-up**

## INTRODUCTIONS







## A GOOD LIFE



















### PERSON-CENTERED PLANNING

#### WHAT IT IS

- ✓ Centered around YOU
  - ✓ YOUR life
  - ✓ YOUR future
- ✓ A life long process

#### WHAT IT IS NOT

- **○** A form
- An Individual Service Plan
  (ISP)
- A once a year thing
- About systems, programs & services



### WHAT TO CONSIDER

- Planning process stays centered around YOU
  - Talks should be about YOUR life
  - YOU are in charge of YOUR plan
  - Takes a positive approach
  - YOU are in charge of inviting whomever YOU would like to have at YOUR meeting
  - Members of YOUR planning team are there to help YOU think about the kind of life YOU want for YOURSELF





### WHAT ELSE TO CONSIDER

"Whole Life, Whole YOU" - every piece YOU feel is important, IS IMPORTANT

























- YOUR rights & responsibilities
  - YOU have the right to make choices
  - YOUR plan may address certain safety risks
  - YOU can make choices about supports & services that feel right
  - YOUR plan should change along with YOU (at least every year)



- ✓ Live the kind of life **YOU** want.
- **YOU** are in charge of the meetings.
- ✓ YOU decide who comes to the meetings.
- **YOU** decide where and when meetings happen.
- ✓ Explore all areas of life that are important to **YOU**.
- ✓ YOU can change any part of YOUR plan at any time.



### KIE O'DONNELL - KODONNELL@FOGARTYCENTER.ORG

### KIM EINLOTH - KEINLOTH@PERSPECTIVESCORPORATION.COM

