



**PRESENTED BY:**

*Donna Beausoleil,  
Denise Flynn,  
Anne LeClerc, &  
Andrew Whalen*

**Hot Topics & Cool Ideas**  
*RI's 2021 Statewide  
Self-Advocacy Conference  
6/24/2021*

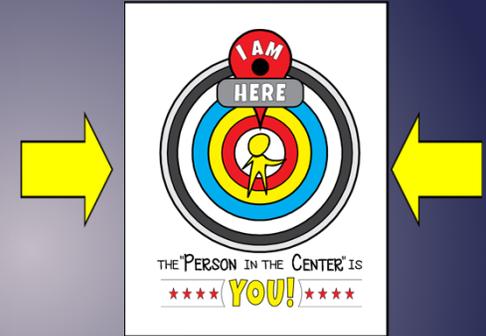
**The Power of Your Plan**

# Top 3 Things to Know About Your Plan



# The Top 3 about ISPs:

1. It's YOUR plan! The person in the center is YOU!



2. Think outside the box so you don't just stay within what your funding can offer you.

3. Change is OK!  
And mistakes are OK!





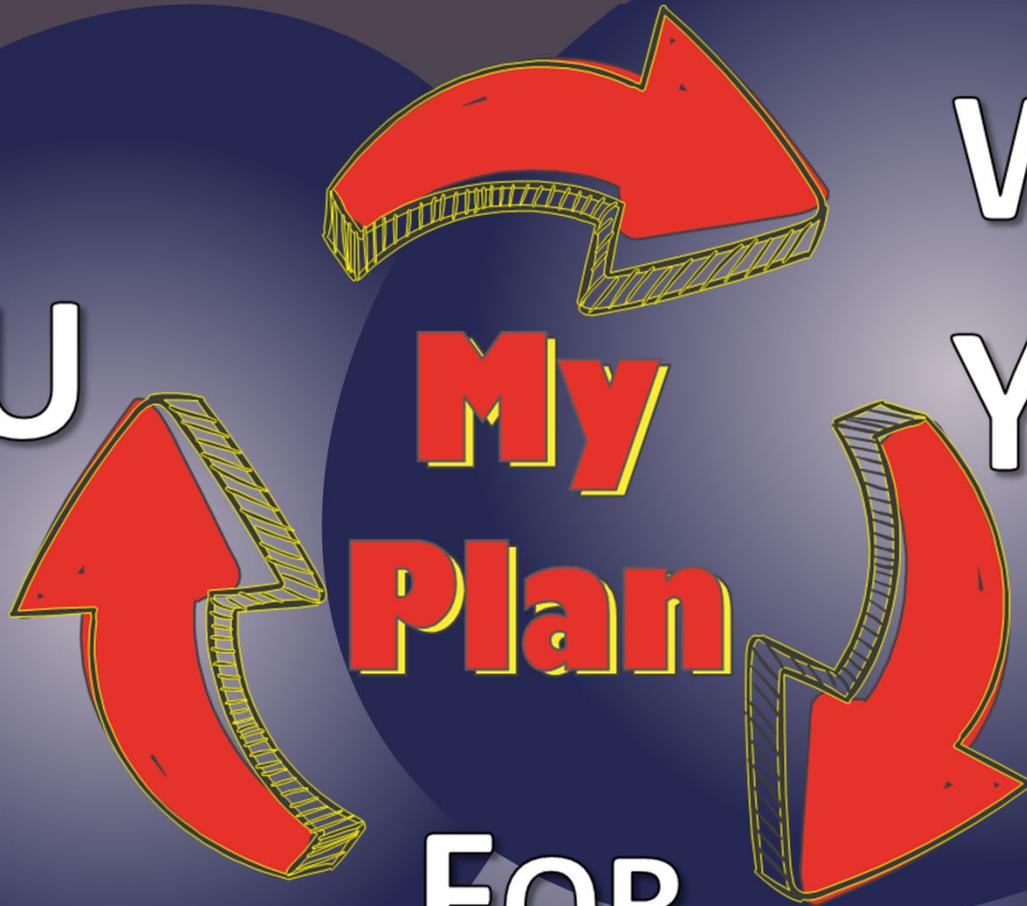
IT'S  
MY  
PLAN!

BY  
YOU

WITH  
YOU

My  
Plan

FOR  
YOU





# YOU'RE in charge!



# Think outside the Box!



(unless you're a cat)

# Connect with Community!



## Explore & Experience

Try something new ...

...You never know until you try!

REMEMBER!



**Life is bigger than  
what's in the box!**

# Change is OK!!

You can change:

- Your **MIND**
- Your **GOALS**
- Your **AGENCY**
- Your **PLAN**



Everyone  
makes  
mistakes!

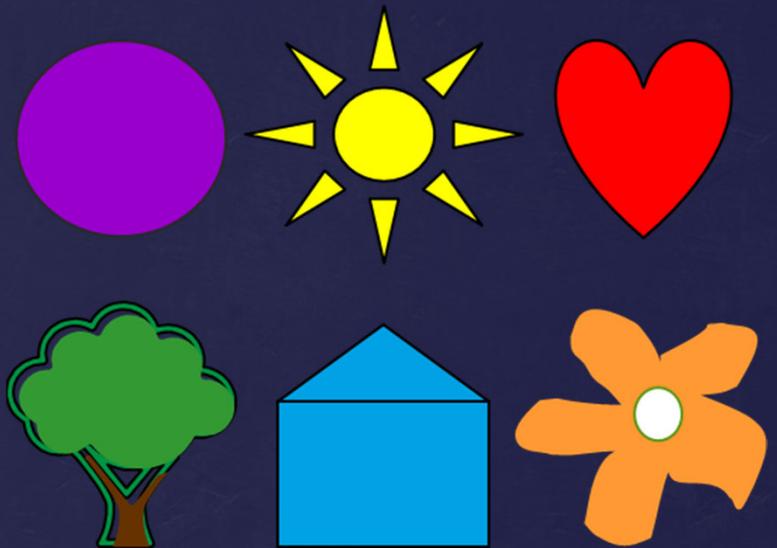
Forget  
the



mistake  
Remember  
the  
Lesson!

**Get Ready  
to Play a  
Game!**

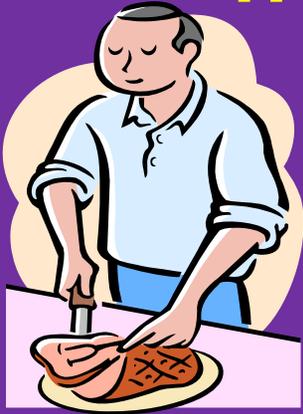
# Our First Contestant!



# QUESTION 1

# I LIKE HAM...

## How can I Put Ham in My Plan?



A.

Set a goal to learn how to cook meals that include ham.



B.

Buy 100 pounds of pork roast and send the bill to BHDDH.



C.

Buy a pet pig and name him "Chris P. Bacon"

# I LIKE HAM...

How can I Put Ham in My Plan?



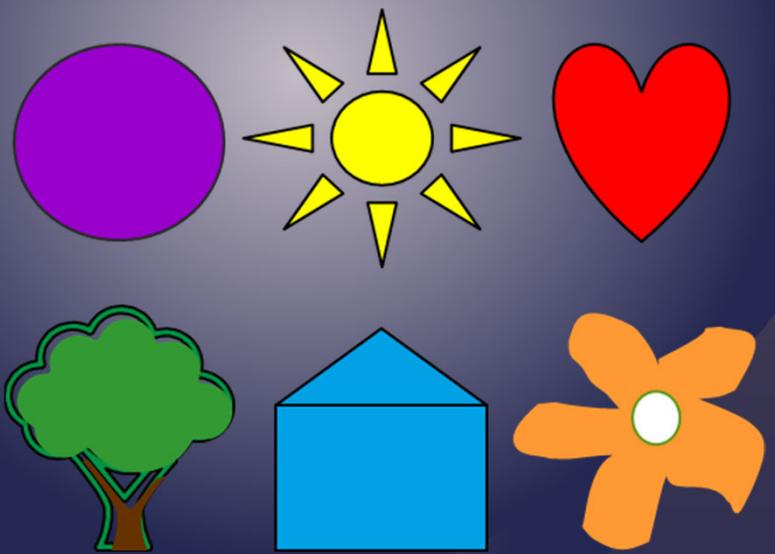
The Correct Answer is:

A. Set a goal to learn how to cook meals that include ham.



*Your plan does not pay for food or pets, but you can use your plan to learn new skills!*

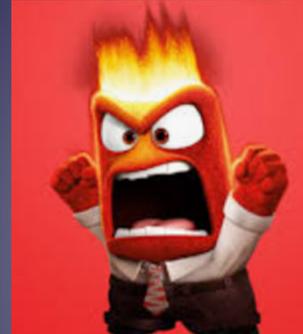
# Our NEXT Contestant!



# QUESTION 2

# What should I do if my agency is *NOT* helping me work on the goals in my plan?

A. PANIC! Stomp your feet, jump up and down, and yell.



B. Tell your pet pig, Chris P. Bacon  
*(he really wants to know)*



C. Talk to a “person in charge” at your agency.  
If that doesn’t work, talk to your DD Social Worker.

What should I do if my agency is *NOT* helping me work on the goals in my plan?

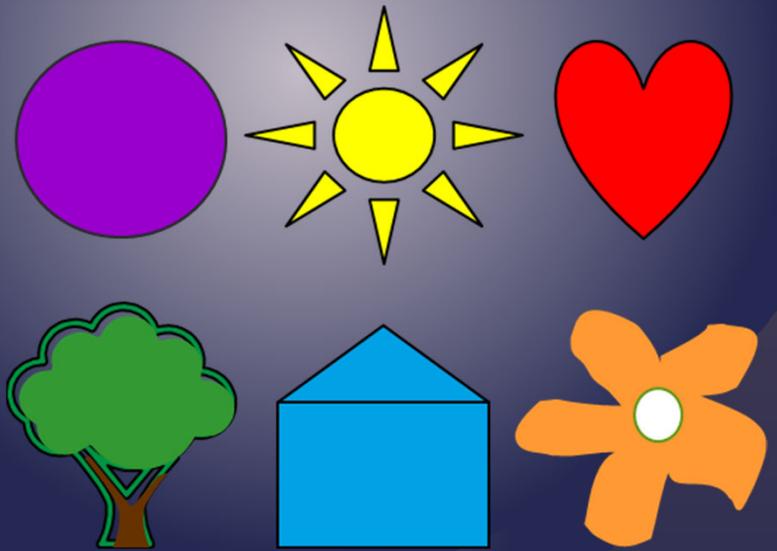


The Correct Answer is: Talk to a “person in charge” at your agency. If that doesn’t work, talk to your DD Social Worker.

Your plan is a contract. If you don’t get what you want, you have a right to advocate for yourself.



# Our NEXT Contestant!



# QUESTION 3

# Which of these can be a goal in my plan?



A. Get a Real Job



B. Learn to shop for groceries



C. Get a Bus Pass

D. All of the Above



# Which of these can be a goal in my plan?

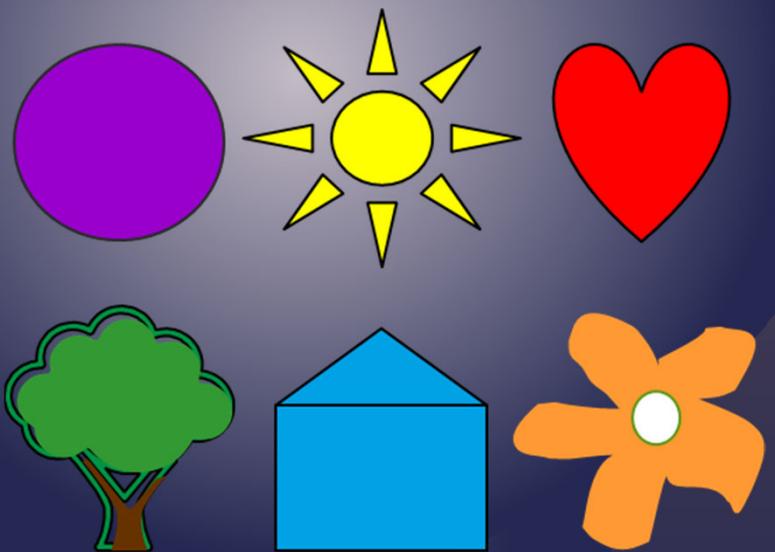


The Correct Answer is:  
D. All of the Above



All of the above can be in your plan!  
Your goals can include things like: **finding a job**, **making new friends**, **learning how to be safe** and **being involved in your community**.

# Our NEXT Contestant!



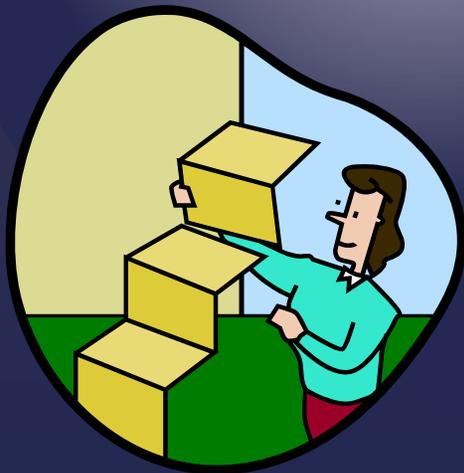
# QUESTION 4

## What is a “S.I.S.”?

A. The name of Blake Shelton’s latest album



B. The Rock’s sister’s name



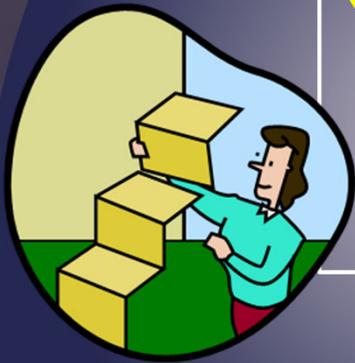
C. “Support Intensity Scale”  
a tool to measure how much support you need.

# What is a “S.I.S.”?



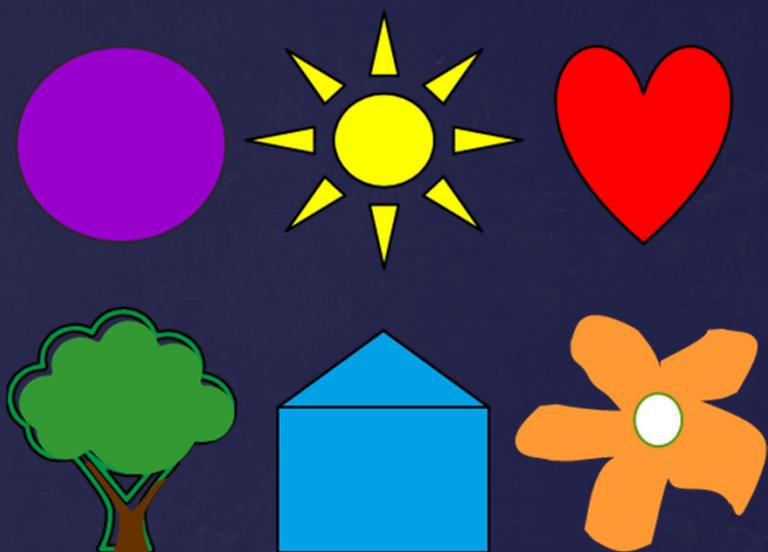
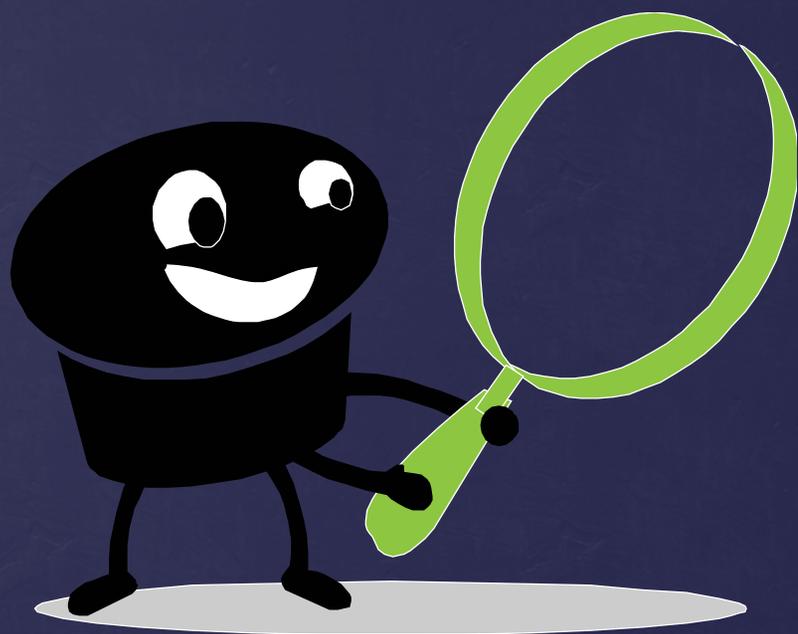
The Correct Answer is:

C. S.I.S “Support Intensity Scale” =  
a tool to measure how much  
support you need



The SIS helps determine the amount of support a person needs to be successful.

# Our NEXT Contestant!



# QUESTION 5

If I can't read, I can ask my agency to prepare my plan in which of these formats to help me understand it?

A.



Photos, video  
and drawings

B.



Explain it in words I  
understand.  
Re-explain as needed.

C.



A voice recording  
for me to listen to



D. *ALL* of these!

If I can't read, I can ask my agency to prepare my plan in which of these formats to help me understand it?

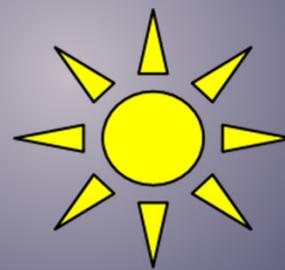
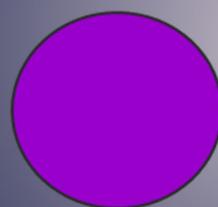


**The Correct Answer is:  
D. ALL of these formats**

*Photos, Videos, Drawings, Audio Recordings, Someone Who Reads and Explains It to Me*

**Your plan is ABOUT YOU and FOR YOU!  
You need to be able to understand what it says.**

# Our NEXT Contestant!



# QUESTION 6

# Who Can I Invite to My ISP Meeting?

A.



Family and Friends

B.

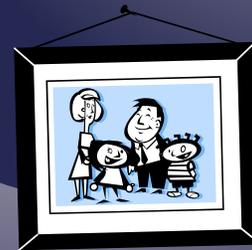
**SELF-  
ADVOCATES**

People from my  
Self-Advocacy group

C.



People from my job



**SELF-  
ADVOCATES**



D. *ALL* of these

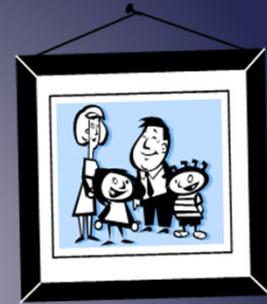
# Who can I invite to My Annual ISP Plan Meeting?



The Correct Answer is:

**D. ALL of these**

Friends, Family, People from my  
self-advocacy group, people I  
work with



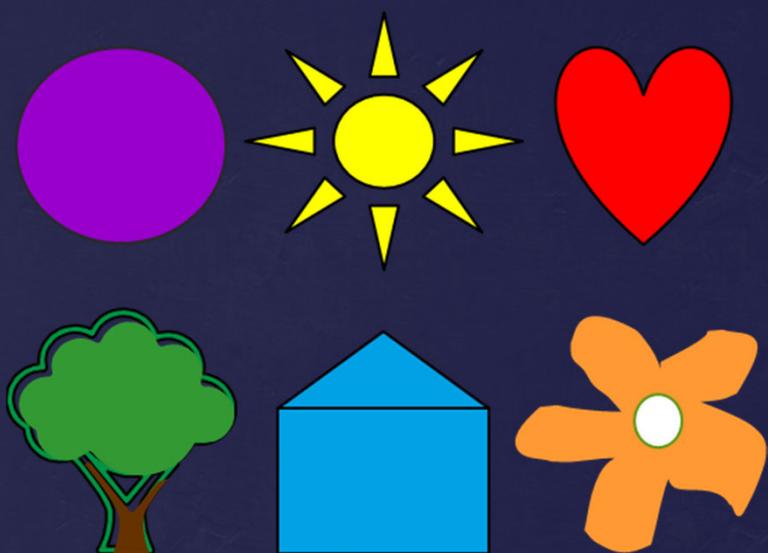
**SELF-  
ADVOCATES**



**It's *YOUR* meeting!**

**You can invite anyone who knows you well,  
respects you, and can help you with your plan.**

# Our NEXT Contestant!

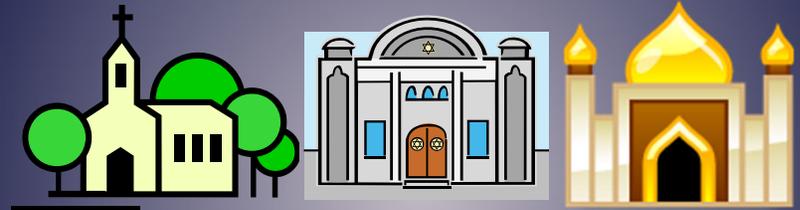


# QUESTION 7

# Which of these community activities can I put in my plan?



A. Going to the Library



B. Joining a faith community, i.e. church, synagogue, mosque, etc



C. Signing up for a pottery class



D. ALL of these

# Which of these community activities can I put in my plan?



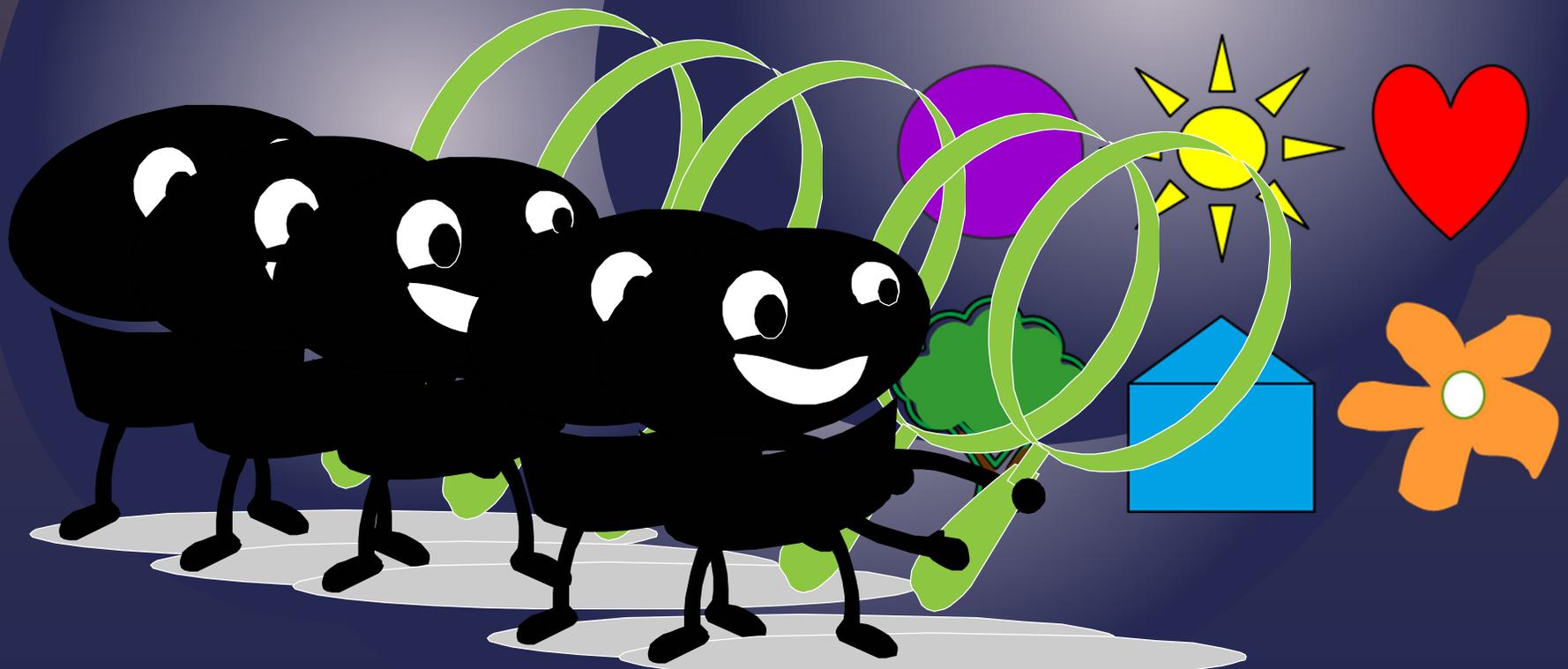
The Correct Answer is:

D. All of these



Your plan can help with staff support so you can do the things you like to do in the community. You can choose what things you need paid supports to help you with, and what things family, friends, or others who aren't paid can do with you.

**For the Next Part,  
Everyone Can Answer!**



✓ True OR ✗ False

I need to have a written Annual Service Plan in order to get services.



It's OK if I don't have a copy of my plan because my agency has one.



I need to use the same agency for all my support services.



I can only change the goals in my plan once a year at my Annual meeting.



✓ True OR ✗ False

I can get the money the state allocates for my services and use it to buy anything I want!



If I want to attend Self-Advocacy meetings and events, I can make it a goal in my plan.



I live in a group home, so I must eat the same food, at the same time, with my housemates.



# True and False Answers Explained

- ✔ If you receive DD services from BHDDH, you need to make goals and put them in your annual service plan so that your agency or self-directed staff know what their job is.
- ✔ DD funding is only for one year at a time. The budget in your annual plan shows how you want to spend your funding for the year.



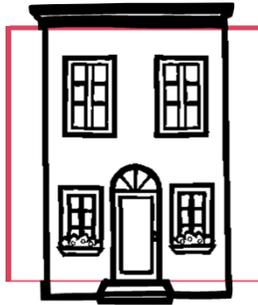
# True and False Answers Explained

- ✓ It's YOUR PLAN! You need your own copy. It's great if your agency has a copy of your ISP (they should!) but this is your life and it's your plan!

- ✓ You need a copy so you can make sure you're getting the services that your agency agreed to provide.

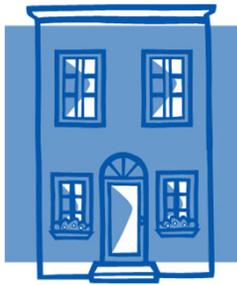
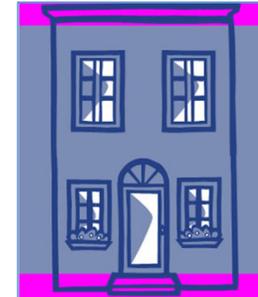
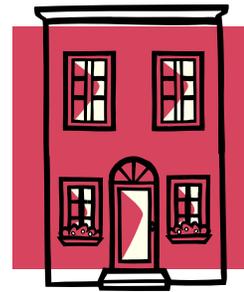


# True and False Answers Explained



**You can “shop around” to find an agency you like.**

**You can change agencies.**



**You can use more than one agency.**

# True and False Answers Explained

It's nice to eat with your roommates, but you don't have to follow the exact same menu or schedule.

## ***Here's an idea!***

You can make cooking a meal for yourself a GOAL in your plan!





© 2021 ©

**Advocates in Action RI**

500 Independence Square

Pawtucket, RI 02806

[www.advocatesinaction.org](http://www.advocatesinaction.org)

[aina@advocatesinaction.org](mailto:aina@advocatesinaction.org)

877-532-5543