



Paul V. Sherlock Center

On Disabilities / Rhode Island College

Options for Support with Decision-Making

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Agenda

- **Introductions**
- **Self-Determination**
- **Support with Decision Making**
- **Resources**



Paul V. Sherlock Center on Disabilities

RI's University Center of Excellence on Developmental Disabilities (UCEDD)

Our mission is to promote membership for all in school, work and the community.

We utilize evidence-based practices aimed at improving health, education, social connections and economic well-being for individuals with disabilities throughout the lifespan.



Introductions

Do you have a connection with the disability community (personal or professional)?

Why did you choose this presentation?



What is Self-Determination

Self-determination for individuals with Intellectual and Developmental Disabilities refers to their right and ability to make their own choices, control their own lives, and pursue goals that align with their personal interests and values.



Why it's Important

- Leads to greater satisfaction, independence, and well-being
- Empowers individuals to direct their own lives
- Upholds dignity and equal rights in society



**Four Skills
of Self-
Determination**

Choice-Making

Decision-Making

Problem-Solving

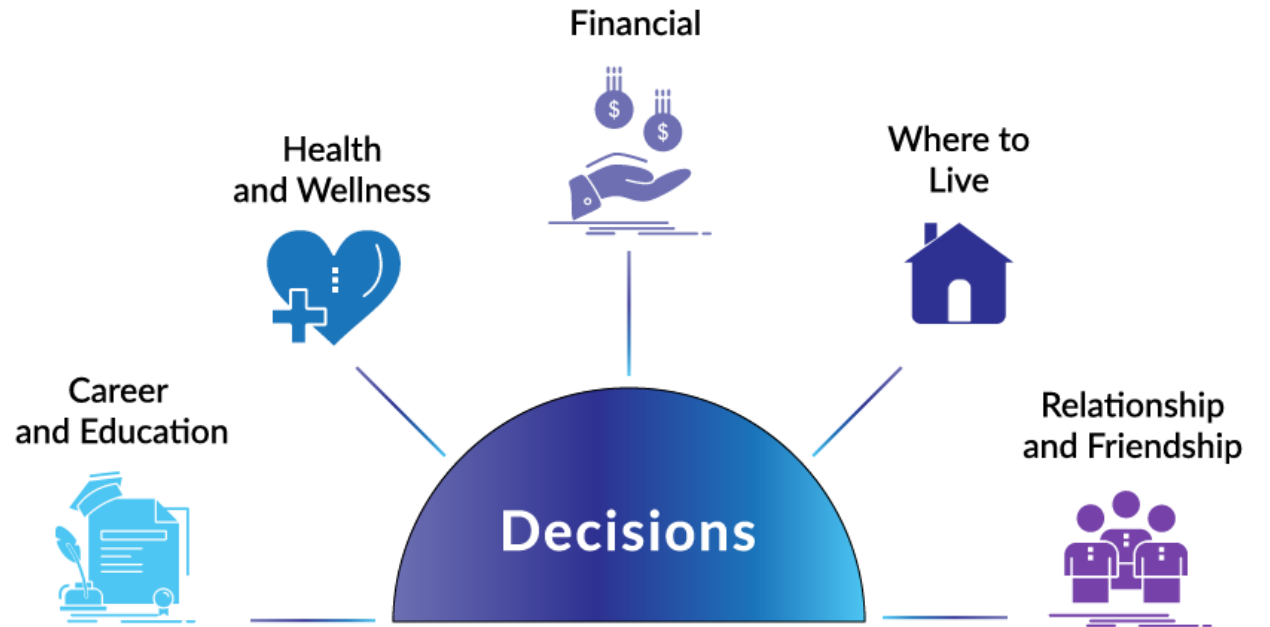
Goal-Setting





Supported Decision-Making (SDM)

- Signed into law in July 2019
- Can be practiced informally and formally
- [SDM Agreement](#)
- Can be used in combination with other alternatives
 - Power of attorney (POA)
 - Financial – dual bank account, [ABLE account](#), Trusts, etc.



Supporters

Supporters can help with:

- Understanding information, options, responsibilities, etc.
- Obtaining information, records, etc.
- Helping to monitor and keep track of information.
- Ensuring the implementation of a person's wishes.



Your supporter(s) cannot be:

- A person who is your employer or employee.
- A person who directly provides services to you.
- A person against whom an individual has a protective order or is otherwise legally prohibited from contact with them.



Supported Decision-Making in Action



RHODE ISLAND SUPPORTED DECISION-MAKING AGREEMENT PURSUANT TO 42-66.13-1 et. seq.

Section 1: Appointment of Supporter/s and Types of Decisions

I, _____ (insert your name), make this agreement of my own free will. I agree

and designate that:

Name:

Address:

Phone Number:

E-mail Address:

is my supporter.

My supporter may help me with making everyday life decisions relating to the following:

1 Y/N Obtaining food, clothing, and shelter

2 Y/N Taking care of my health

3 Y/N Other (specify):

I agree and designate that:

Name:

Address:

Phone Number:

E-mail Address:

is my supporter.

[**Note:** The following people cannot be your supporter: (1) A person who is your employer or employee unless the person is your immediate family member; (2) A person directly providing paid support services to you, unless the person is your immediate family member; and (3) An individual against whom you have obtained an order of protection from abuse or an individual who is the subject of a civil or criminal order prohibiting contact with you.]



Resources

Paul V. Sherlock Center on Disabilities

Self-Determination

- [Self-Determination Blog](#)
- [National – Self Determination](#)

Supported Decision Making

- [National - Supported Decision Making](#)
- [Local - Supported Decision Making](#)
- [Stories of Supported Decision Making](#)

Other Resources

- [Save with ABLE – RI](#)
- [Sherlock Center - New Networks](#)
- [Sherlock Center - Medicaid Impact Stories](#)



Thank you!



Questions/Comments

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