Home Sweet Home

Decisions about Where to Live

Advocates in Action
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HOW do you make decisions??????

You need to have the right information.

How much will it cost?

What do I need to do or learn to get it?

Will I like it?

Is it safe?

What are my other choices?

Any other questions?
With a Family -
In Their Home

Something Else?

Living with your
parents/ other family
members

“Supported Living” - Sharing
with another person who gets
services because they have a
disability

“Shared Living -
With a roommate who
helps support me

On My Own: “Alone”

In a Group Home
In a Group Home

Paying bills - not so “hard”.

Lots of people are always around.

Meals are balanced and healthy.

Staff are always available.

Get help with personal care needs.

Most of your SSI check goes to agency to pay bills.

You don’t always choose your roommates.

Not as much personal space.

You don’t always choose the food you want.

People “know your business”.

??
On My Own: “Alone”

You have privacy.

You can get lonely.

You have freedom to do things your own way (eat when you want, go to bed when you want, watch tv shows you want, etc).

It can mean less support than in other settings.

You control your money.

It’s expensive - there’s no one to share the bills with.
“Shared Living -
With a roommate who helps support me

Make connections by meeting your roommates friends.

Natural supports (people you meet who help you in some way without getting paid) could grow.

A better chance to experience living in the community and being a part of it.

Doesn’t feel as much like having “staff”.

Just meeting someone doesn’t mean friendship.

There may be less “safety” from natural supports.

People move on.

Roommates can be hard to get along with.

Who is the person you live with? Your friend? Your staff?? It gets confusing and can make things hard.
“Supported Living” - Sharing with another person who gets services because they have a disability

You can share expenses - save money.

Less choice about how to spend the money.

You can get more staff time by sharing staff hours.

You sometimes have to “share” your staff. You won’t always get to do what YOU want with staff hours.

Companionship - someone else is around.

Sometimes it’s hard to have a roommate. You won’t always get along.
Living with your parents/ other family members

It’s “family”

Family knows your needs

May not be treated like an adult

May not decide what to do with your money

May be less expensive

May not learn new skills (*everything may be “taken care of”*)

You may have less responsibilities

You may want more responsibilities

Feels comfortable with mom and dad

May feel over-protected

You may be/feel safer

Parents are getting older

?
The feeling of “family”.

Don’t need to have a lot of furniture, etc. The home is already there.

Companionship - people are around.

Paying bills may be easier.

Question: where do you fit in with this family??

Not your home - already decorated, some family “rules” have been decided.

Do you want a whole family around?? Are you ready to live with kids??

Sharing expenses can get confusing.
Think of other possible places to live and people to live with.

What are some good things about the different places you might live?

What are some bad things about the different places you might live?