



WHAT'S THAT YOU SAY

HOT TOPICS • COOL IDEAS • USER-FRIENDLY FACTS

SELF-DIRECTING
YOUR SERVICES

Tips about Directing Your Services and Supports from People Who Do!

Self-Directing your own services may not be for everyone, but it can be a great option for those who decide to use it.

Self-Directing is all about being in control of the supports you receive and how you want your services to be delivered. It means having flexibility and being in charge.

YOUR BUDGET: *YOU Have Control!*

- You know what your budget for services is and control how it gets spent.
- You have the flexibility to decide how much you will pay your staff, and how many hours of support you can afford to do what matter most to you.

YOUR SUPPORT PLAN: *It's All About YOU!*

- You decide who you want to write your plan, and how you want the planning process to go. That includes scheduling meetings at times that work for you and inviting the people you chose to be in your circle of support to help you
- You have honest conversations about what's important TO you and FOR you, and use this to create your own goals. And THEN you figure out what supports and services you need to help you work on those goals.
- You know about “the Power of Your Plan”, which includes the ability to change it.
- You're able to “Think Outside the Box” to find “Non-Traditional” support.
- You're the one who sets your schedule, including when you want your staff to work.

SUPPORT STAFF: *YOU'RE the Boss!*

- You create your own job descriptions and hire your own staff
- You train your staff to provide the individualized supports YOU want and need
- You supervise your staff to make sure they provide the supports you want & need
- You can fire your staff if they don't meet YOUR expectations, or they don't support you the way you want ... or for any other reason if things just aren't working out the way you want them to. YOU'RE THE BOSS, so YOU call the shots!
- You supervise your staff and they respect that fact that you're in charge
- You can choose to fire your staff if you don't like the way they're doing their job, or things are not working out the way you want